

ARDELENESCU

Translation: "The Transylvanian," -- probably referring to the popular dancer's beat: S Q S Q S (slow, quick, slow, quick, slow.)

Pronunciation:

Record: Hungaraton SLPX 18031-32, 18033

Formation: Couples with both or one hand joined, anywhere on dance floor or in contra-type lines.

Rhythm: 4/4 meter.

This is often thought of as: 8 = 3 + 3 + 2

The organization of this rhythm may vary widely to fit the dancer's steps depending on the musicians, dancers, and overall dance mood and context.

Meas   Cts

Pattern

WOMEN'S STEP

The W step maintains the basic dancer's beat:

S Q S Q S. Counted: 1 2 3 4 5 6 7 8.

Unlike Mînîntelul, where the cpl moves on a circle around each other, in this dance cpls move together linearly in the same direction with opp ftwk: e.g., as the M go to their R, the W go to their L.

1	S	Step L to L (facing slightly L).
	Q	Step R next to or in front of L.
	S	Step L to L (beginning to turn twd the M).
	Q	Step R, slightly on L back diag, preparing to go to the R.
	S	Step back on L to L (turning diag R).

This step continues for the W throughout the dance.

MEN'S BASIC STEP

Note: Because of the syncopations involved in the M steps, the following notation will employ a count system based on 8 one-eighth notes in 4/4 time.

Counted: 1 2 3 4 5 6 7 8.

1	<u>123</u>	Facing slightly R, step R to R.
	<u>456</u>	Step L across and in front of R.
	<u>78</u>	Step R to R.

2                    Reverse ftwk.

Note that variations are many: e.g., one can dance bkwd to the L or turn on cts 7 & 8 of meas 1 to reverse direction. One can also turn in the direction of movement, often turning under one of the W hands.

MEN'S VARIATIONFIGURE I

1	1	Facing slightly R, step R to R.
	2	Stamp L next to R (no wt).
	3	Step L next to R.

ARDELENESCU (continued)

456 Repeat cts 123.  
 7 Turning to face L, step R to R. )  
 8 Stamp L next to R. ) Reverse direction.

2 Reverse ftwk and direction of meas 1.

FIGURE II

1 123 Click/close R to L, immediately lifting L out and crossing around in front (lift on ct 3).

456 Step on L across R lifting R in back and around to R side.

7 Click/close R to L.

8 Lift L to L side.

2 Reverse ftwk and direction.

Please note: Personal variations could for example lift R ft on ct 8 and begin again with R click/close, but then crossing with R to L cts 456 or visa-versa. The main point is the wt change on ct 1.

CLOSING STEP (JUMP)

This step can be used on any fourth meas and takes the place of a L-moving step.

1 1 Plié on both legs in preparation to leap.

2 Leap on L lifting R to R side.

3 Slap R hand against R outside heel.

4 Close R to L (plié).

5 Leap with both ft, knees bent and ft lifted out to sides.

6 Slap either one or both outside heels.

7 Land ft together in plié.

8 Pause.

MEN'S SOLO

At this point M break away from W, and the W continue the basic step. All M claps are done at waist level.

Solo 1 (Ftwk only)

1 1,2 Step L in place.

3 Čukče (bounce) L (lifting and dropping the heel), lifting R knee, slightly across L leg up in front.

4,5 Step R in place.

6 Lift on R, lifting L knee up in front, slightly across R leg.

7 Step L.

8 Step R.

(Clapping only)

1 1 Pause.

2 Clap hands together in front.

3 Slap R on R upper thigh.

4 Clap together in front.

5 Slap L on L upper thigh.

6 Clap together.

7 Clap together.

8 Clap together.

This step could be done inscribing a small circle to the L (CCW), three times, including a "Closing Step (Jump)" at end.

ARDELENESCU (continued)Solo II

- 1 1 Jump onto both ft slightly apart, knees slightly bent.  
 2 Click heels together in the air, clapping hands.  
 3 Land on L ft, lifting R to R side, slapping R upper thigh with R hand.  
 4 Click/close R to L, clapping hands.  
 5-8 Repeat cts 1-4.
- 2 1-4 Repeat cts 1-4 of meas 1.  
 5 Lift L to L side, slapping L hand on L upper thigh.  
 6 Click/close L to R, clapping hands.  
 7 Lift R to R side, slapping R hand on R upper thigh.  
 8 Click/close R to L, clapping hands.
- 3 Repeat meas 1.
- 4 (Reel step)  
 1 Hop on L in place, bring R up and behind L.  
 2 Step R across and behind L, clapping hands behind back.  
 3 Hop on R in place, bring L up and behind R.  
 4 Step on L across and behind R, clapping hands in front.  
 5-8 Repeat meas 1-4.

Notes by Janet Reineck and Stephen Kotansky.

Presented by Steve Kotansky